



**SIBSHOPS** are recreational support groups where the siblings (sibs!) of kids with special needs can meet new friends, play games, have fun together and receive support around the unique issues they experience.

### **2024-2025 COCF SIBSHOPS (1595 Bay Street)**

#### **SibKids (7-11 years)**

**One Saturday** each month, 10:30 am- 2:30 pm, October to May  
Each of these professionally facilitated sessions includes games, crafts, discussion, healthy snacks and a lunch break.

October 19	November 16	December 7	January 18
February 22	March 15	April 26	May 24

#### **Sibteens (12-15 years)**

**FIRST Wednesday** of the month, 5:00 pm - 8:00 pm, October to May  
(\*second Wed in January)

Each session will include preparing and sharing a meal together, as well as games, discussion and other activities.

October 2	November 6	December 4	January 8*
February 5	March 5	April 2	May 7

**Need more info?** Call us at 250 380-6363 or see website [cocf.ca](http://cocf.ca)