



SIBSHOPS are recreational support groups where the siblings (sibs!) of kids with special needs can meet new friends, play games, participate in art projects and discussion activities, and receive support around the unique issues they experience.

2023-2024 COCF SIBSHOPS (1595 Bay Street)

SibKids (7-11 years)

LAST Saturday of the month, 10:30 am- 2:30 pm, September to May, **except December**
 Each of these professionally facilitated sessions includes games, crafts, discussion, healthy snacks and a lunch break. * Registration fee is \$10, plus membership in COCF

September 30
 February 24

October 21
 March 30

November 25
 April 27

January 27
 May 25

MidSibs (12-14 years)

THIRD Tuesday of each month, 5:00 pm – 8:00 pm, September to May, **except December**

Each session will include preparing and sharing a meal together, as well as games, discussion and other activities. *Registration fee is \$10, plus membership in COCF

September 19
 February 20

October 17
 March 19

November 21
 April 16

January 16
 May 21



Need more info? Contact Margaret mtreleaven@cofc.ca 250 380-6363 or see website cofc.ca